Track: 2021-10-30 Pizzo Intermesoli da F. Cerreto — **Date: 30/10/2021**

Track: 2021-10-30 Pizzo Intermesoli da F. Cerreto	**IBP = 207 HKG**
These speeds are average for = HKG	
IBP index reliability= A	

Total length	20.53 Km
Analyzed distance	20.53 Km
Lineal distance	0 Km

Accumulated climb	2029.21 m
Accumulated descent	2044.21 m
Maximum height	2630.21 m
Minimal height	1105.8 m
Climb rate	20.1 %
Descent rate	20.46 %
Positive climb difference per km	98.84 m
Negative descent difference per km	99.57 m

Total time	8:07:39 h
Time in movement	6:55:43 h
Stopped time	1:11:56 h

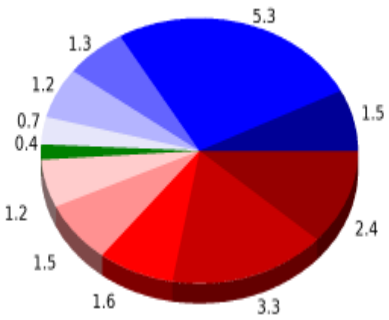
Total speed average	2.53 Km/h
Average speed in movement	2.96 Km/h
Maximum held speed	6.58 Km/h

Max slope filter	~55 %
Min. points separation	~30 m
Number of points	1217 (cad. 16.87 m)
Significant points	540 (cad. 38.09 m / 44.37 %)
Aberrant points	105 (8.63 % d. total)

Direction changes per km	14.32
Direction changes >5° per km	11.89
Accumulated straight stretches	2.741 Km
Straight stretches per km	133.51 m
Penalizables slope changes	18
Penalizables slope changes per km	0.877

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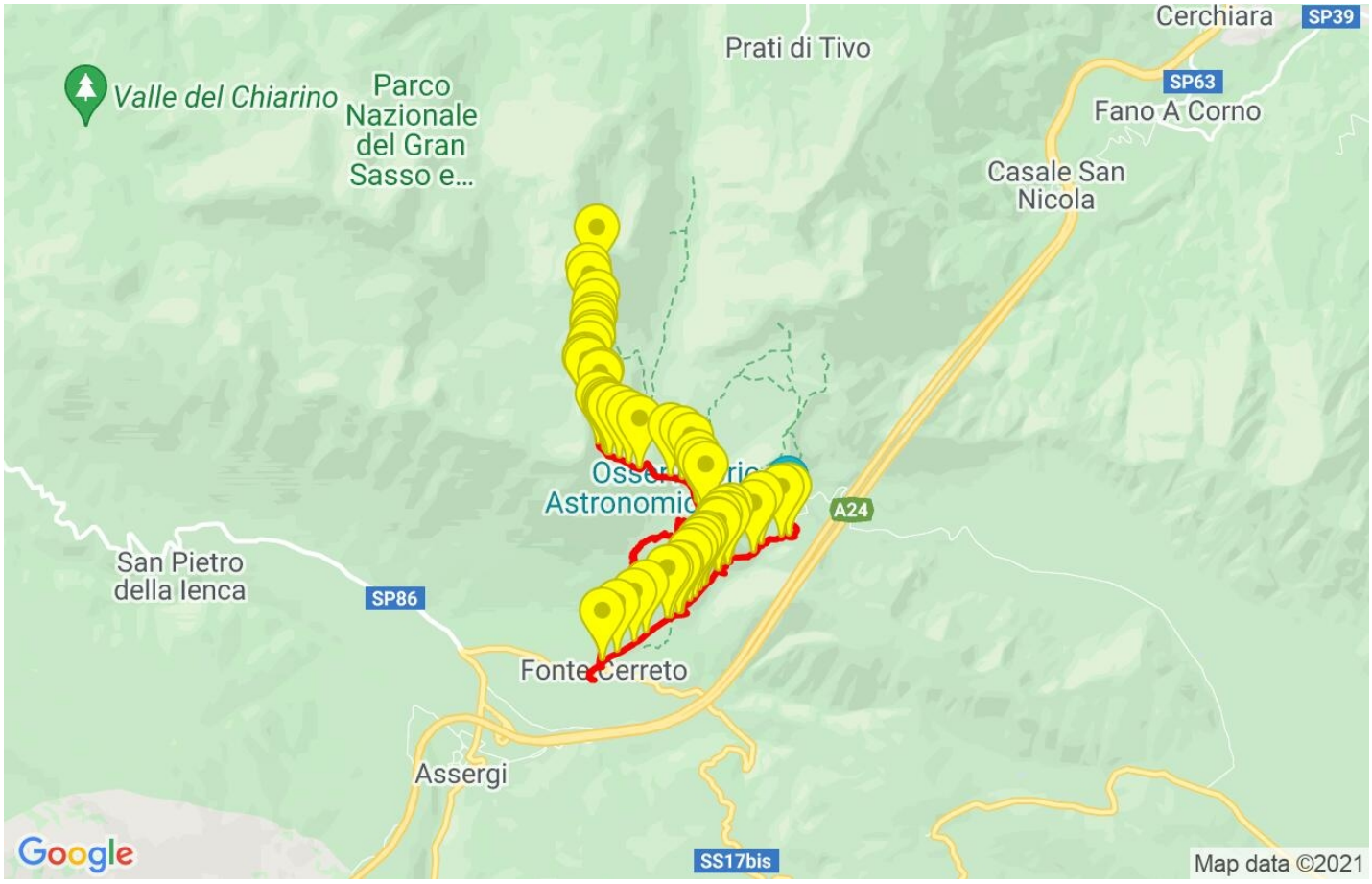
Summary of slopes

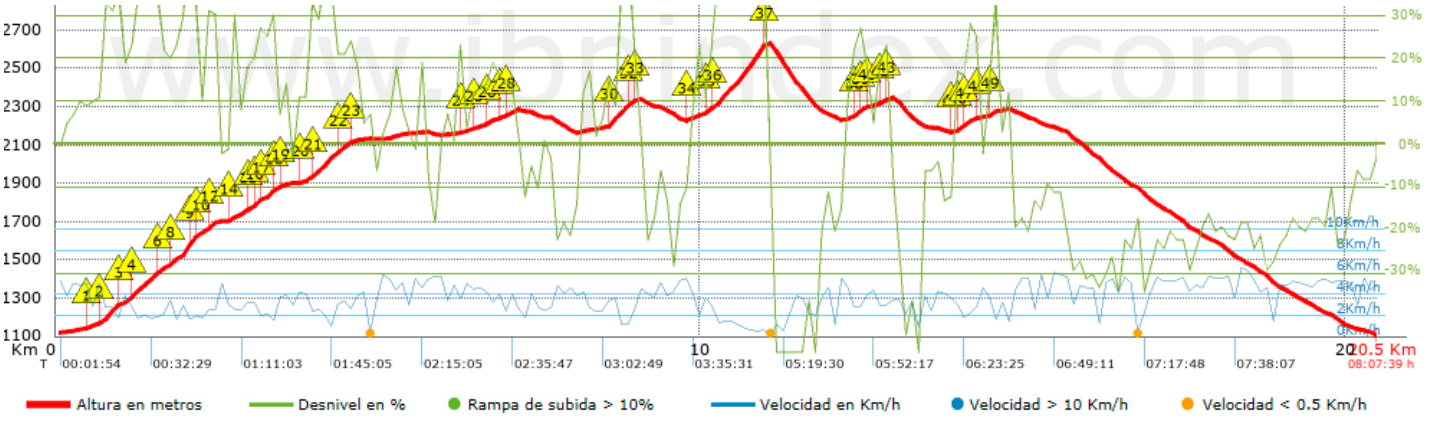


	Climbs	Distance in km	above the total in %	Speed in	Time h:m:s
	Between 30% and 55%	2.39	11.64	1.56	1:32:03
	Between 15 and 30%	3.318	16.16	2.52	1:19:05
	Between 10 and 15%	1.64	7.99	3.12	0:31:33
	Between 5 and 10%	1.538	7.49	3.74	0:24:42
	Between 1 and 5%	1.209	5.89	4.12	0:17:37
	Total :	10.095	49.17	2.47	4:05:00
	Plain				
	Difference of 1%	0.447	2.18	3.18	0:08:26
	Breakdown descents				
	Between 1 and 5%	0.654	3.19	3.48	0:11:16
	Between 5 and 10%	1.226	5.97	4.3	0:17:07
	Between 10 and 15%	1.324	6.45	4.13	0:19:15
	Between 15 and 30%	5.298	25.8	4.25	1:14:46
	Between 30% and 55%	1.487	7.24	2.24	0:39:53
	Total :	9.99	48.66	3.69	2:42:17
	Total track :	20.53	100 %	2.96	6:55:43

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Steep slopes > 10%

Steep slopes	Mileage point	Average slope	Interval
1	0.454	11 %	226 m
2	0.679	33 %	297 m
3	0.977	19 %	207 m
4	1.184	34 %	367 m
5	1.551	21 %	36 m
6	1.587	20 %	152 m
7	1.739	20 %	31 m
8	1.77	34 %	341 m
9	2.111	34 %	105 m
10	2.216	24 %	102 m
11	2.318	29 %	83 m
12	2.401	24 %	36 m
13	2.676	14 %	40 m
14	2.717	22 %	219 m
15	2.936	21 %	128 m
16	3.063	25 %	73 m
17	3.136	27 %	226 m
18	3.363	25 %	74 m
19	3.436	14 %	85 m
20	3.747	12 %	168 m
21	3.915	33 %	436 m
22	4.351	23 %	188 m
23	4.539	19 %	114 m
24	6.21	18 %	102 m
25	6.435	12 %	240 m
26	6.674	17 %	153 m

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27	6.827	14 %	160 m
28	6.987	16 %	120 m
29	8.527	15 %	31 m
30	8.557	34 %	261 m
31	8.818	44 %	44 m
32	8.862	37 %	44 m
33	8.906	21 %	45 m
34	9.792	13 %	287 m
35	10.079	24 %	117 m
36	10.196	40 %	752 m
37	10.948	48 %	70 m
38	12.312	24 %	182 m
39	12.494	13 %	43 m
40	12.537	16 %	74 m
41	12.739	19 %	36 m
42	12.776	20 %	114 m
43	12.89	32 %	32 m
44	13.899	14 %	29 m
45	13.928	17 %	35 m
46	13.964	24 %	141 m
47	14.104	21 %	149 m
48	14.253	20 %	37 m
49	14.418	17 %	162 m

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High altitude parameters, data above							
Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
2500	589.551	2.87	0:16:55	2.09	0:57:02	1:13:57	0.48
2250	4425.589	21.55	1:54:21	2.32		1:54:21	2.32
2000	7060.356	34.39	2:06:31	3.35	0:06:43	2:13:14	3.18
1750	2243.707	10.93	0:40:39	3.31	0:08:11	0:48:50	2.76
1500	2215.764	10.79	0:45:58	2.89		0:45:58	2.89
Total :	16.535 Km	80.53 %	5:44:24 h	2.88 Km/h	1:11:56 h	6:56:20 h	2.38 Km/h

Stops					
Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
4.779	0:06:43	2128	1:56:20	1:56:20	4.779
10.737	0:03:30	2497	4:08:54	2:12:34	5.958
10.807	0:04:22	2530	4:15:06	0:06:12 < 10´	0.07
10.878	0:38:53 > 10´	2564	4:22:12	0:07:06 < 10´	0.071
11.15	0:10:17 > 10´	2584	5:07:50	0:45:38	0.272
16.677	0:08:11	1891	7:06:55	1:59:05	5.527
Total :	1:11:56 h				

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